



And why not Singing on Prescription?

Date and times: Saturday 4 February 2012 from 9.00a.m. to 3.50p.m.
Venue: The Shoreham Centre, Pond Road, Shoreham-by-Sea, BN43 5WU
Tutor: Professor Grenville Hancox

Content of the day.

A study day focussed on current research findings suggesting that singing is most definitely good for you.

Please bring your own packed lunch. Tea/coffee will be provided by the venue at morning and afternoon breaks, and at lunch time.

Timetable and Programme

- 9.30a.m. Registration
- 10.00 – 11.00a.m. Overture: : Singing Neanderthals
- 11.00 – 11.25a.m. Coffee/tea
- 11.25 – 12.25p.m. Evidence and practical 1
- 12.25 – 1.25p.m. Lunch
- 1.25 – 2.25p.m. Evidence and practical 2
- 2.25 – 2.50p.m. Tea/coffee
- 2.50 – 3.50p.m. Summary, concluding chorale.

About the tutor. Teacher, musician, researcher, Grenville Hancox has been concerned with the impact of music on people for the past few decades. Recently his work with Prof. Stephen Cliff has begun to show that singing is the staff of life.

Detach the form below and send it with a SAE for confirmation of your place and your cheque (payable to SUN) for £9.50 (£12.00 if not a Sussex U3A member) and with the title of the Study Day on the back to: The Study Day Administrator, P.O. Box 173, Eastbourne, BN24 9EJ.

☎ 01323 737677 Members of the Sussex U3As will be given priority.

N.B. A separate cheque is required for each Study Day. Fees are not normally refunded.

Please contact the Study Day Administrator or your SUN representative if you have any queries, and not the venue.

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Detach this part and send with cheque (payable as above) for £9.50 (£12.00 if not a Sussex U3A member) with the title of the Study Day on the back and SAE to the name and address above. Bookings on first come first served basis. Your form and cheque will be returned if no place is available.

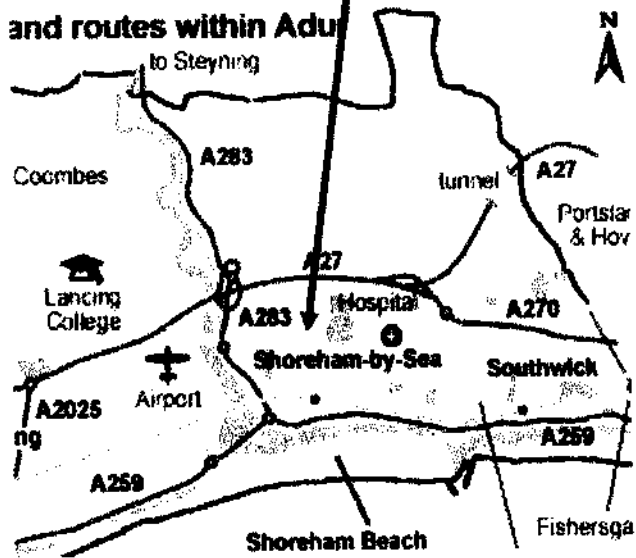
(Please print) Name of Your U3A
First name Surname

Address

.....Post Code Tel:

The Shoreham Centre, Pond Road, Shoreham-by-Sea, West Sussex, BN43 5WU

Upper Shoreham Road



To get to the pay car park behind the Shoreham Centre from Upper Shoreham Road go via Mill Lane and Southdown Road, then follow the one-way system shown below.

Southdown Road

